

OUT OF TOWN POLICY

Traveling internationally for plastic surgery is collectively known as "medical tourism" and when traveling within the continental United States, is considered "medical MICRO-tourism." Traveling for plastic surgery entails very specific risks and considerations that you must be aware of.

I understand that I must stay locally in the DFW area for at least 10 days following surgery to allow for appropriate monitoring and first-week follow up	
I understand that lodging during this time will be at my own expense and that I am solely responsible for securing a location/facility that meets my needs (recovery house, hotel, Airbnb, etc). A Aesthetics does not endorse, screen for suitability, or affiliate with any lodging firms.	4 <i>P</i>
I also understand that during this 10-day period, I will require a caretaker who is responsible, reliable, 18 years or older, and whom will provide me transportation as needed.	
I agree that I will not partake in air travel or prolonged car rides until 10 days after surgery to minimize the risk of deep vein thrombosis (DVT – aka blood clot) development in my legs or lungs. I alsagree that after this period, I will engage in aggressive DVT prevention as prescribed by my surgeon to include blood thinning medication, hourly walking, compression stockings, or sequential compression devices	
I understand that major and minor complications can occur after I have left the DFW area. If thi happens, I may be required to return to DFW for treatment at my own expense. Alternatively, I may seek treatment locally by another plastic surgeon, but this would also be at my own expense. In the instance of an emergent complication, I will seek treatment immediately at an ER close to me, again at my own expense.	
I understand that some activities such as (but not limited to) drain removal, stitch removal, etc may be required after I leave the DFW area. If a friend, family member, or caretaker is unable to perform these duties, I may be required to seek out a medical professional to do so at my own expense	e.
I understand that if a complication arises that requires me to stay in the DFW area for longer that 10-days for treatment or monitoring, that I will be solely responsible for securing this lodging and this will be at my own expense.	an
I agree to submit high-resolution full-body or face photos, against a blank background, and in good lighting at routine intervals specified by the surgeon for appropriate assessment and follow up of my healing and final results.	f

DATE

PATIENT SIGNATURE